



OHIO'S VOICE FOR SUICIDE PREVENTION

Strengthening & Sustaining Ohio's Suicide Prevention Coalitions (SSOSPC)

Welcome to your Transformational Leadership Learning Community

Welcome to Strengths-based Transformation Leadership Learning Community! Together, you will participate in a series of Clifton Strengths-based workshops designed in three phases to build a strong leadership team for your coalition. The intent and spirit of this opportunity is for coalitions to effectively utilize strengths-based leadership skills for the benefit of their suicide prevention coalitions and their communities.

Learning Community Information

Our class meets the first Thursday of the month 9:30 am – 11:30 am January through August 2022, with the exception of July to accommodate the Independence Day Holiday. Please see the attached schedule with associated registration Zoom links.

About SSOSPC:

The entire SSOSPC Initiative Leadership Team is excited to be working with you. Our hope for you is that you will come away from our time together with renewed energy for the important work that you do in your community. We want our time together to be collaborative and that we learn from each other through discussion and sharing. Our goal is that you to take away some practical application(s) from each session.

Your primary facilitator's name is Sue Fletcher. Sue holds a Communication Studies degrees from Ohio University and Arizona State University. Before coming to Ohio University in 2015, she taught Composition and Speech at Hocking College in Nelsonville, Ohio and at Chandler-Gilbert Community College near Phoenix, Arizona. In 2018, Sue joined the Voinovich Academy team and has facilitated several workshops on workplace communication, communication styles, and CliftonStrengths.

She lives and works in Athens, Ohio, where she lives with her husband. She is a mom to five wonderful grown children and "Nana" to her two granddaughters. She currently serves Ohio University as the curriculum coordinator of First Year and Student Transitions Office at Ohio University where she designs curriculum for Ohio University's Orientation and Learning Community Programs. She credits the Voinovich Academy for Excellence in Public Service and CliftonStrengths training as pivotal in re-imagining her teaching, coaching, and workshop facilitation.

Communication

Sue Fletcher contact information:

Pronouns: she, her, hers

Contact her virtually with a Zoom or Teams meeting

OR

Email: fletches@ohio.edu

Names and Pronouns

It is SSOSPC's desire that we all honor the name and pronouns of your choice. We will show you how to indicate your name and pronouns on your Zoom profile if you would like to do that or you can notify us of your name (and pronunciation) and pronoun, by contacting Sue privately if you prefer.

Learning Outcomes

After successfully completing Transformational Learning Community, you will be able to:

- Develop a strengths-based individual leadership development plan
- Apply basic coaching approaches in leading others
- Identify and leverage collective Strengths found in your coalition
- Develop actionable goals for your coalition team to sustain your strengths-based approach

What Book and Other Materials Do I Need?

- Strengths Quest 2.0 book
- Your Strengths report once you have completed the Strengths inventory
- Access to Google Drive/or One Drive folder for reflection responses (TBD at our first meeting)

How We Create A Safe/Brave Virtual Learning Environment

Working for an Inclusive Environment:

It is crucial that we commit to learning from one another and provide an environment where if something is occurring that prevents us from being able to succeed with our learning goals, we talk about and address it.

You should feel comfortable participating and expressing individual views and concerns as should everyone in this cohort. Our discussions might expose you to new viewpoints, values, and opinions, so we will work and grow together with respect for each other and ourselves. Do not hesitate to express your ideas or to challenge the ideas discussed. Some guidelines to help us do this in the best way possible:

- Approach discussions with good faith and assume that others have good intentions.
- Respect confidentiality regarding comments shared during our meetings or in reflections
- Do not assume that everyone shares your experiences or perspectives.
- Ask clarifying questions, offering feedback from a place of shared humanity.
- Receive feedback by listening carefully and responding graciously.
- Be mindful that discussion is shared time. Think of how and what you want to express, but also look for opportunities to be brief and allow others to share.

**If you require an accommodation based on the impact of a disability, please contact Sue to discuss your specific needs for visual aids or video captioning or other accommodations to make our sessions accessible for you.

Attendance

Attendance and participation are expected at every workshop meeting and are a part of your grant requirements.

Obviously in this ever-shifting COVID environment, things happen that could impact your attendance. Please be sure to email me if you cannot attend, so we can work together to ensure you stay on track with the rest of your cohort.

Continuing Education Units (CEUs) are graciously being offered through the Ohio Coaching & Mentoring Network. Please know that to obtain CEUs for all learning community sessions you must:

- Attend all of the training live.
- Attend the entire training (partial credit is not provided).
- Participate with your cameras on.
- Participate in all polls, discussions, breakout sessions, and other engagement opportunities throughout the sessions.
- Login on a computer. Using a phone for audio only is not acceptable.
- Complete a post-evaluation form. A link to this form will be provided at the completion of each session.
- For all disciplines other than prevention (such as Social Work, Mental Health Counselor, and CHES), you must include your license number on the evaluation form.

You can expect to receive your certificate for continuing education by email within 30 days of each learning community session.

Outside Meeting-Time expectations

Monthly Reflection Submitted on Google Drive Two Weeks Following each Monthly Meeting (3rd Thursday of the month).

Reflection Prompts are provided for each month following our meeting. You can respond in written paragraph form or choose other creative forms such as photo essays, short videos, images of art you have created, or other options that meet the spirit of the prompt.

We will use these prompts to inform further discussions. Sue will respond to your reflections individually and from time to time, you may be asked to respond to fellow cohort participants.

Reflection 1: Reflect on your Clifton Strengths report: What resonates with you the most and why? What surprises you the most and why? What challenges you the most and why?

Reflection 2: TBD

Reflection 3: TBD

Reflection 4: How can you implement coaching into your coalition leadership?

Reflection 5: TBD

Reflection 6: How can you leverage your team's collective strengths to achieve your goals?

Monthly Schedule (per grant specifications)

This schedule is SUBJECT TO CHANGE

Phase 1 – Individual Strengths (January 2022 –March 2022). In Phase 1, participants will complete the Gallup CliftonStrengths assessment and take part in a series of virtual meetings designed to explore the results. At the end of Phase 1, participants will finalize an outcomes-driven leadership development plan that incorporates and leverages their individual Strengths.

Deliverables	Due Date
1. Completion of the Gallup CliftonStrengths assessment by each Learning Community Member	1/20/2022
2. Individual Development Plan Incorporating Learning Community Members' Strengths.	3/31/2022
3. Submission of assigned post-workshop reflections and other assignments.	3 rd Thursday of each month

Phase 2 – Strengths Coaching (April 2022 – May 2022).

In Phase 2, participants will develop actionable goals that incorporate their individual Strengths and engage in leadership coaching. Coalitions will act on their leadership development plans during two Learning Community sessions and one individual coaching session with a Gallup-trained CliftonStrengths coach. Participants will also become familiar with "Leaders as Coaches," learning and practicing basic coaching approaches in leading others.

Deliverables	Due Date
1. Between April 1, 2022 – May 31, 2022, participants must meet with a Gallup-trained Strengths Coach from the Ohio University Voinovich Academy for Excellence in Public Service, or You Thrive Training & Consulting, LLC. The coaching session will be one hour in duration and will serve as an opportunity for applicants to operationalize their Individual Development Plans and further explore their unique Strengths and talents	5/31/2022
2. Participants must submit a reflection paper (1,000 words or less) that summarizes their post-coaching plans to achieve goals outlined in Individual Development Plans.	5/31/2022
3. Submission of assigned post-workshop reflections and other assignments.	3 rd Thursday of each month

Phase 3 – Coalition Coaching (June 2022 – August 2022).

In Phase 3, applicants will identify and leverage collective Strengths found in their coalitions and develop actionable goals to sustain this approach beyond the conclusion of the Transformational Leadership Study Group. In this phase, participants will introduce their coalition members to Strengths, **ensuring that a minimum of 75% of active coalition members complete the Gallup CliftonStrengths Assessment.** Coalitions will complete two virtual Learning Community sessions on how to understand and use group Strengths. A third virtual session will be conducted with coalition members and will help coalition members identify and leverage their Strengths as both individuals and as a part of the coalition.

Deliverables	Due Date
1. Completion of the StrengthsFinder Assessment by a minimum of 75% of coalition members.	7/31/2022
2. Learning Community Members and coalition members must participate in a one-hour group coaching session with a Gallup-trained Strengths Coach from the Ohio University Voinovich Academy for Excellence in Public Service or You Thrive Training & Consulting, LLC. The coaching session will serve as an opportunity for applicants to focus on how they can better understand and use the Strengths of their coalition members to achieve coalition objectives	8/31/2022
3. Coalition Strengths Action Plan – Learning Community Members and coalition members will develop and submit an action plan with achievable objectives that foster continuation of Strengths in their coalition work.	8/31/2022
4. Submission of assigned post-workshop reflections and other assignments.	3 rd Thursday of each month

Registration Links

You MUST register individually for each session

Learning Community Session #	Date	Registration link	Passcode
#1	January 6, 2022	https://us06web.zoom.us/meeting/register/tZclceuujlrH9axyy-i-6ilbQn2vcK4zU_Q	017719
#2	February 3, 2022	https://us06web.zoom.us/meeting/register/tZUqfuqtpjMsGtOHdjubWc4ev_7qjNCPgwiw	769012
#3	March 3, 2022	https://us06web.zoom.us/meeting/register/tZwtfuqrrzlvG9QV-9cp2L8hGS6kcGUMIM0p	368481
#4	April 7, 2022	https://us06web.zoom.us/meeting/register/tZUsduuoqj8jH9aPKdp7kRXb2v4sPPY2fHLu	344508
#5	May 5, 2022	https://us06web.zoom.us/j/87479813113?pwd=VHphbzhSemM4anlycW00Wk9FUhldz09	164719
#6	June 2, 2022	https://us06web.zoom.us/meeting/register/tZAodmqTwtGND09FI0YZH20BX7yw-A5rhA	047967
#7	July 14, 2022 (*NOTE: This is the 2 nd Thursday of the month to accommodate the Independence Day holiday)	https://us06web.zoom.us/meeting/register/tZUvfuyggD8iH9PeJrvkZCPmvokJJFLCI0i6	548767
#8	August 4, 2022 (*NOTE: This date differs from the date in the original Request for Applications)	https://us06web.zoom.us/meeting/register/tZEsdéisqTktGd2x3zDdLU29ecC00bSXb0r1	260699
#9	TBD; Columbus, OH	N/A	N/A